

## CUWFA Board Member Candidate Form

YOUR NAME: Amanda Chavez	TODAY'S DATE: 1/24/12
INSTITUTION: University of California, San Diego	
YOUR TITLE: Work/Life Coordinator	
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<p>Five years ago, I attended my first CUWFA Conference in Santa Barbara with a combination of excitement and apprehension. My job had recently been changed to focusing on work/life and I did not know what to expect. From the moment I arrived, the CUWFA members were warm and welcoming and my anxiety quickly eased. That conference gave me the opportunity to learn more about work/life in higher education and gave me the confidence to come back to my campus to take on my new role.</p> <p>Since that first conference, I have attended each conference (serving as host one year and the planning committee three years) and participated in the Information Management Committee. CUWFA continuously offers a place to find inspiration, brainstorm ideas and learn about best practices. I am interested in serving on the CUWFA Board because I think it will allow me to take a leadership role in an organization that I strongly believe makes a difference. CUWFA's membership may not be large (yet) but it is made up of individuals who together can influence the future of how work is done and supporting family- or employee-friendly policies.</p> <p>Over the past five years, I completed the WorldatWork Work-Life Certified Professional program and was recognized as one of UC San Diego's Exemplary Staff Employee of the Year. As work/life coordinator, I have launched wellness programs (Walk UCSD, Thrive at UCSD); implemented our Guide to Flexible Work Arrangements; revised policy programs such as our Catastrophic Leave Donation Program; established CUWFA Conference inspired programs like the UCSD Babysitting Resource, and began to carve out a place for work/life in the campus culture.</p> <p>I am excited about the future of the work/life field and hope you will consider me for a position on the CUWFA Board.</p>	